

Bistro THE WALK

MENU



Mediterranean Cuisine

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88 High Street, Potters Bar, Herts, EN6 5AT
www.bistrothewalk.co.uk

Starters

Soup of the Day	£3.75
Humus (V)	£3.75
Crushed chickpeas, tahini, lemon juice & garlic	
Cacik (V)	£3.75
Cucumber and a hint of garlic in a creamy yoghurt sauce	
Tarama	£3.75
Freshly prepared whipped cod roe	
Kisir (V)	£3.75
Crushed wheat, celery, tomato sauce, parsley, peppers, mint & herbs	
Dolma (V)	£4.50
Stuffed vine leaves with rice & pine kernals	
Halloumi	£5.50
Chargrilled Cypriot Cheese (V)	
Filo Pastries	£5.50
Stuffed with Feta Cheese	
Deep Fried Brie Cheese	£5.50
With a mixed Berry Coulis (V)	
Smoked Salmon	£6.50
Served with an Avocado Salad	
Imam Bayildi (V)	£4.95
Oven baked aubergines, stuffed with onions, tomatoes & peppers	
Avocado and Prawns	£6.50
With Thousand Island dressing	
Spicy Sausages	£5.25
Served with Salad	
Deep Fried Calamari	£6.95
Served with Tartar Sauce	
King Prawns	£7.50
Cooked in a White Wine & Garlic Sauce	

Pan Fried Lamb's Liver	£4.75
Fresh Fried Lambs Liver served with red onion	
Bistro Mixed Meze (V)	£8.95
Humus, Cacik, Kisir, Bakla, Dolma, Felafel and Filo Pastries	
Crispy Bacon	£4.75
Bistro Salad topped with Crispy Bacon and Sauté Potato	
Garlic Mushrooms (V)	£4.75
Homemade Stuffed Mushrooms with Garlic, Parsley & Butter	
Meat Balls (10 min)	£4.75
Charcoal grilled with spicy sauce	
Chicken Wings Marinated chicken wings cooked on charcoal	£4.75
Felafel (V)	£4.75
Ground Chickpea & Broad Bean Fritters	
Whitebait	£4.75
Coated in Flour and fried - Tartar sauce	

Main Courses

Chicken Shish	£13.50
Served with Rice & Salad	
Chicken & Lamb Shish	£14.50
Served with Rice & Salad	
Chicken & Adana Kofte	£14.50
Served with Rice & Salad	
Lamb Steak	£15.50
Served with Rice & Salad	
Adana Kofte	£13.50
Grilled lamb mince meat Served with Rice & Salad	
Lamb and Adana Kofte	£14.50
Served with Rice & Salad	
Lamb Shish	£15.50
Served with Rice & Salad	
Chicken ala Crème	£14.50
Filletts of Chicken cooked in a Mushroom, White Wine Cream Sauce Served with Mashed Potatoes & Rice	
Chef's Special Chicken	£14.50
Breast of Marinated Chicken Cooked over Charcoal. Served with Rice & Salad	
Kleftico	£15.50
Lamb Shank, oven cooked and served with Mashed Potato & Rice	
Boeuf Bourgignon	£14.50
Cooked in a Red Wine Sauce with Bacon and Mushrooms and served with Mashed Potato & Peas	
Meat Mousakka	£12.95
Served with Rice & Salad	
Lamb Ribs	£12.95
Served with Rice & Salad	
Chicken Wings	£12.95
Marinated chicken wings cooked on charcoal. Served with Rice & Salad	
Vegetarian Mousakka (V)	£12.95
Served with Rice & Salad	
Felafel and Houmus (V)	£12.95
Served with Rice & Salad	
Imam Bayildi (V)	£12.95
Oven baked aubergines, stuffed with onions, tomatoes & peppers, Served with Rice & Salad	
Pancake (V)	£12.95
Filled with goats cheese, spinach, mushroom and onions. Served with Rice & Salad	

Chef Specialities

Mixed Grill	£19.95
Chicken Shish, Lamb Shish, Lamb Kofte & Lamb Cutlets served with Rice & Salad	
Lamb Cutlets	£18.95
Four cutlets cooked on a Charcoal Grill and served with Rice & Salad	
Mediterranean King Prawns	£19.95
Cooked in a White Wine and Garlic Sauce, served with Mixed Salad & Sauté Potato	
Sirloin Steak	£22.95
Cooked on a Charcoal Grill served with Mushrooms, French Fries & Grilled Tomatoes	
Rib Eye Steak	£22.95
Cooked on a Charcoal Grill. Served with Mushrooms, French Fries & Grilled Tomatoes	

Fishes

Fillet of Salmon (Grilled)	£14.95
Served with Spinach, Mash Potatoes	
Scampi	£13.95
Served with French Fries & Peas	
Fishcakes (Smoked Haddock)	£13.95
Served with French Fries, Peas	
Deep Fried Calamari	£16.95
Served with French Fries & Salad	
Fillet of Sea Bass (2 Fillets) (Grilled)	£17.95
Served with Saute Potatoes, Mixed Salad	

Salads + Pastas

Chicken Caesar Salad	£13.95
Chargrilled Chicken Breast served Caesar Dressing	
Halloumi Salad (V)	£13.95
Served with Mixed Salad Leaves & Olives	
Chicken, Bacon & Avocado Salad	£13.95
Served with Mixed Salad Leaves & Caesar Dressing	
Spaghetti Bolognese	£13.95
Served in a Rich Minced Beef & Tomato Sauce	
Chicken Escalope Milanaise	£13.95
Served with Spaghetti Napolitana	
Fillet of Salmon Salad	£13.95
Mixed Salad Leaves & Olives	

Side Orders

Bistro Salad	£3.00
Feta Cheese Salad	£3.95
Rice	£3.00
Sauté Potatoes	£3.00
French Fries	£3.00
Mashed Potato	£3.00
Yoghurt	£3.00
Mushrooms	£3.00
Spinach	£3.95
Grilled Tomato	£3.00

Vegetarian Special

£23.95 for 2 people
Humus, Cacik, Kisir, Bakla, Dolma (4), Felafel (4), Helim (4), Filo Pastries (4)
Served with Bread, Rice & Salad.

Bistro Special

£38.95 for 2 People
Humus, Cacik, Lamb Shish, Adana Kofte, Chicken Shish, Chicken Wings(4), Lamb Chops(2), Lamb Ribs (4) grilled on charcoal. Served with Bread, Rice & Salad.

Seafood Special

£44.95 for 2 People
Humus, Tarama, Fillet of Grilled Salmon, Fillet of Seabass (2), Whitebait, Calamari & King Prawns (4)
Served with Bread, French Fries & Salad.

Family Special

£68.95 for 4 People
Humus, Cacik, Lamb Shish, Adana Kofte (2 Skewers), Chicken Shish, Chicken Wings (8), Lamb Chops(4), Lamb Ribs (8) grilled on charcoal.
Served with Bread, Rice & Salad.

Cold Drinks

	Small	Large
Mineral Water	£2.10	£3.50
Coca Cola	£2.50	£2.70
Diet Cola	£2.50	£2.70
Fanta	£2.50	£2.70
Sprite	£2.50	£2.70
Apple Juice	£2.30	£2.80
Cranberry Juice	£2.30	£2.80
Pineapple Juice	£2.30	£2.80
Orange Juice	£2.30	£2.80
Tomato Juice	£2.30	£2.80

Beers

	All drinks served 50ml
Efes (33 cl)	£3.50
Efes Draft (50 cl)	£5.25
Bulmers (50 cl)	£5.25
Stella Artois (33 cl)	£3.50
Corona (33 cl)	£3.50
Keo (33 cl)	£3.50
Keo (63 cl)	£6.950

Spirits

Martini (Dry, Rosso, Bianco)	£4.75
Smirnoff Vodka	£4.75
Brandy	£4.75
Gordons Gin	£4.75
Remy Martin	£5.25
Bacardi	£4.75
Archers	£4.75
Malibu	£4.75
Tequila	£4.75
Bells	£4.75
Jamesons	£4.75
Jack Daniels	£5.25
Famous Grouse	£4.75
JB	£4.75
Chivas Regal	£5.25

Liqueur Coffees

Irish Coffee (Irish Whiskey)	£4.75
Calypso Coffee (Tia Maria)	£4.75
Russian Coffee (Vodka)	£4.75
French Coffee (Brandy)	£4.75
Baileys Latte (Baileys)	£4.75
Floater Coffee (No alcohol)	£3.75

Desserts

*Baklava	£4.25
*Strawberry Cheesecake	£4.25
*Tiramisu	£4.25
*Banoffee Pie	£4.25
*Apple Tart Tatin	£4.25
*Creme Caramel	£4.25
*Stuffed Apricot	£4.25
<i>*With Fresh Cream or Ice Cream £1.00 extra</i>	
Rice Pudding	£4.25
Lemon Sorbet	£4.25
Ice Cream	£4.25
Choice of Strawberry, Chocolate, Vanilla	£4.25

Hot Drinks

Filter Coffee	£2.50
Turkish Coffee	£2.50
Espresso	£2.30
Double Espresso	£2.50
Cappuccino	£2.80
Café Latte	£2.80
Café Mocha	£2.80
Hot Chocolate	£2.80
Fresh Mint Tea	£2.80
Teas	£2.20

(Breakfast, Earl Grey, Peppermint, Lemon)

Liqueurs

Drambuie	£4.25
Sambuca	£4.25
Cointreau	£4.25
Benedictine	£4.25
Grand Marnier	£4.25
Baileys	£4.25
Tia Maria	£4.25
Kahlua	£4.25
Amaretto	£4.25
Southern Comfort	£4.25
Limoncello	£4.25
Peppermint	£4.25
Rose	£4.25